

“ARE YOU UP TO THE CHALLENGE”

If you are looking for a team building outing, or want to experience something different, come take our challenge. We invite you to bring a group and experience the challenge for yourself. All groups are welcome.

To schedule a group contact Joe Finney at 704-279-1742

jfinney@rowanymca.org



**SALEEBY-FISHER YMCA
EAST ROWAN BRANCH**

P.O. Box 640
790 Crescent Road
Rockwell, NC 28138
704-279-1742

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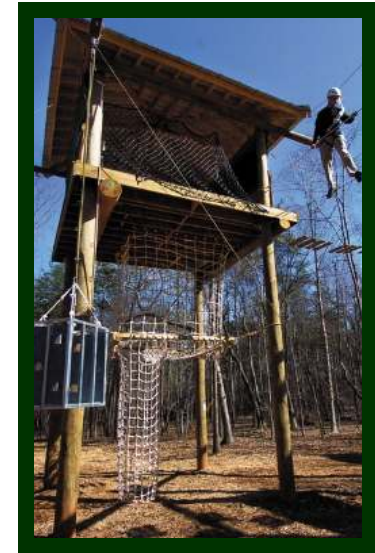
Mission Statement: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



www.rowanymca.org



Paul Fisher
**EAST PEAK
CHALLENGE**
"ARE YOU UP TO THE CHALLENGE"



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Paul Fisher
**EAST PEAK
 CHALLENGE**
 "ARE YOU UP TO THE CHALLENGE?"

- ⊕ Create a stronger, more **effective** team
- ⊕ Emphasize group **problem solving** and **decision making**
- ⊕ Explore the issues of **quality leadership**, mutual support and individual commitment
- ⊕ Enhance **self confidence**
- ⊕ **Strengthen communication** and cooperative spirit
- ⊕ Discover **hidden strengths** and abilities

The Paul Fisher East Peak Challenge can be designed for individual challenges and/or team challenges.



SCHEDULE: 2 WEEKS PRIOR
DURATION: 4 HOURS
AGE HIGH: 11 YEARS & UP
AGE LOW: 8 YEARS & UP
COPORATE: \$40/PERSON
YOUTH NON-PROFIT: \$25/PERSON
MINIMUM: 10 PEOPLE
MAXIMUM: 15 PEOPLE



Schedule of Events
 Introduction/Devotion
 Low Initiatives
 Equipment Instruction
 Triangle Practice
 *High or Low Ropes Course
 *determined at time of scheduling

LOW INITIATIVES

Low initiatives are ground elements that require teamwork to accomplish group goals. Designed to accomplish group goals these initiatives are planned for each individual group.



LOW PEAK CHALLENGE

Designed for 8 years old and up, low peak is 25 ft. high. To access this course you must either climb up a cargo net or get hoisted up in a basket. You will be led to a tree house, 3 cable elements and a zip line!

HIGH PEAK CHALLENGE

Designed with the more adventurous in mind, high peak is 35 ft. high. To access this course you must climb up a cargo net. You will navigate your way across 7 cable elements to a zip line. **Minimum age 11 yrs.**



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