



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CAUSING POSITIVE SIDE EFFECTS

DAY CAMP



Saleeby-Fisher YMCA
East Rowan Branch
PO Box 640
790 Crescent Road
Rockwell, NC 28138
(ph) 704-279-9646
www.rowanymca.org
Sarah Zander, szander@rowanymca.org

What are the campers saying about our camp?

Awesome!
Like the Trips!

The Best!
The Best!
Laugh A Lot!

Cool!

FUN!

A Blast!

LOVE ALL THE GAMES!

GRAZZY!

Wouldn't Miss It!

YMCA CAMP EXPLORER

YMCA Camp Explorer is a traditional day camp experience with high energy activities for **rising 1st—5th graders**. Camp offers morning kick off assembly to start the day with daily devotionals from local churches. Then we move into exciting activities.

NEW! This year campers will be allowed to **“tag out”** and pick their morning and afternoon activities. This will add to the excitement and fun each day. Some activities for campers to tag out on will be: archery, golf, tennis, tumbling, aerobics (water and land), sports, triathlon



training, cooking and the art of juggling. Each camp day will close with a closing assembly and Friday's will offer Camp Fire with awards.

Campers will take weekly field trips, swim and have presentations on-site. Counselor and camper

challenges are always a hit. Counselors will compete weekly in challenges to determine our “COW” Counselor of the Week. Campers will compete in group challenges to add to the fun and excitement of the week.

*Campers are provided breakfast and lunch each day. Parents are asked to send a snack each day.

YMCA ADVENTURE CAMP

YMCA Camp Adventure is a high impact camp for **rising 6th—8th graders**. Camp offers many activities throughout each week. Such as working on and publishing the camp newsletter, learning to kayak in the pool and then a trip to High Rock Lake to kayak on the open water. Campers will assist and run the Counselor Challenges and participate in the Camper Challenges each week. Other activities will include the Challenge (Ropes) Course, Climbing Wall, Laser Tag or Paint Ball and many others.

NEW! This year campers will work on **community service projects**. They will be collecting non-perishable foods to take to those in need at local schools, assisting an elderly Y member in keeping their yard maintained, and working with a local nursing

home on games and crafts for residents .

Campers will have an overnight lock in at camp to camp under the stars.

*Campers are provided breakfast and lunch each day. Parents are asked to send a snack each day.



Becoming a Leader

COUNSELOR IN TRAINING (CIT)

Counselor in training is for **rising 9th and 10th graders**.

This program is designed to prepare those interested in becoming a future YMCA Camp Counselor. CIT's will work side by side with counselors and younger campers to provide leadership training. CIT's will have the opportunity to travel on field trips with Camp Explorer and trips with the Adventure Camp.

CIT's must submit registration forms and



then go through a selection process/interview with the Camp Director and a selection panel.

CIT's are asked to be prepared to have a devotion, camp song or game to share with the panel during the selection process.

CIT's will also be asked to join counselors in a **one day training** on **June 11** and a CPR training.

General Camp Information

Our Staff



Camp Explorer and Adventure Camp are committed to providing skilled leaders. We proudly recruit staff that come highly recommended and are true role models to the children within our own community. It is of utmost importance that our staff exemplify the YMCA character traits of caring, honesty, respect, responsibility and faith. Staff attend many training sessions to prepare them with the tools needed to help facilitate a safe, fun and growing experience for each camper.

Camp Hours of Operation

Drop Off: 7 a.m.—8 a.m. **Please have all campers here no later than 8:15!**

Opening Assembly: 8:15 a.m.

Morning Activities: 9 a.m.

Lunch: 2 noon

Afternoon Activities: 12:45 p.m.

Closing Assembly: 3:45 p.m.

Pick Up: 4:30 **Please arrange to pick your camper up NO earlier than this time!**

Ratios: 1:15

Discipline

The YMCA believes that all children should have the

opportunity to participate. Methods of discipline include: discussing the inappropriate behavior, removal of the child from the group, counseling with the camp director, consultation with parent and possible elimination from the program.

Payment

- ⇒ Campers must register by 12 noon the day prior to their first day. Registration fee is non-refundable.
- ⇒ Fees are due on the Friday prior to next session or the first day of the next session.
- ⇒ **NEW!** A 2 day option.
Parents must choose 2 day and pay for ahead of time.
- ⇒ Cash and payments may be made at the front desk.
- ⇒ 2nd child discounts available.
- ⇒ Late fee will be assessed on Tuesday or child removed.
- ⇒ Late pick up fee \$10/15 min.
- ⇒ Repetitive late pick up will result in removal of child.

Financial Assistance

Financial Assistance is available. Please pick up a packet and submit.



General Camp Information

Medication Policy

- ⇒ Bring medication to the Camp Director prior to the camper's first session.
- ⇒ Provide written instructions as to quantity, time to administer and your name and phone number. Send in original container.
- ⇒ Complete medication release form.

What to Bring to Camp

- ⇒ Lunch if you do not want the lunch provided by camp. (Campers do not have access to refrigerators or microwaves for lunch.)
- ⇒ Water bottle—labeled
- ⇒ Two (2) snacks
- ⇒ Sunscreen (labeled)
- ⇒ Swim suit and towel

What not to Bring to Camp

Some specialty weeks or tag outs may ask that you bring specific items, otherwise do not bring...

- ⇒ Money or any valuables.
- ⇒ IPODS, cell phones or other electronics.
- ⇒ Toys, balls etc.

What to Wear to Camp

- ⇒ Sunscreen—we will be outside.
- ⇒ Shorts
- ⇒ Hats are ok.
- ⇒ Closed toe shoes—no sandals or flip flops.
- ⇒ Camp shirt on field trip days.

Swim Lessons

As a convenience to you, swim lessons will be offered during camp hours to help the busy family schedule.

Lessons are an extra fee and will be offered during afternoon sessions only. For more information on Camp Swim Lessons, contact Bridget Dexter, bdexter@rowanymca.org or 704-279-1742.

Registration

To register, pick up a Day Camp registration form. CIT's will be contacted for meetings with the selection committee. If you have camp questions, please contact Sarah Zander, Family Services Direct, at szander@rowanymca.org or Bridget Dexter, Associate Executive Director, at bdexter@rowanymca.org or call 704-279-1742.

